

# WELCOME TO THE FAMILY

We are honored to welcome your daughter - and you - to the Chi Omega family. Chi Omega is a supportive network that helps members realize their full potential so they can thrive on campus and after graduation.

### A MESSAGE FROM THE NATIONAL PRESIDENT

Dear Parents,

It is my great pleasure to extend a "cardinal and straw" welcome to you and your daughter as she joins the Chi Omega family.

You've nurtured your daughter for almost two decades, providing her with opportunities to cultivate her individual talents and passions. During her college years, no doubt you want her to have new opportunities to grow, make friends, and have fun. Most of all, you want to ensure that she excels as a scholar, as a leader, and as a woman. And so do we!



As a new member of Chi Omega, your daughter has become part of the largest women's fraternity, which was founded on principles of Sisterhood, service to others, academic excellence, and fostering a sense of personal integrity and responsibility.

During her first year, she will become immersed in the history of Chi Omega, make authentic connections with Chi Omega Sisters, and begin a lifelong journey of friendship, scholarship, and personal development.

We look forward to having your daughter as part of our organization and helping her cultivate a lifetime of purpose.

Loyally,

Laura S. Miller

Laura Shrode Miller S.H. National President





# **ABOUT CHI OMEGA**

#### MISSION STATEMENT

#### CHI OMEGA IS AN INTERGENERATIONAL WOMEN'S ORGANIZATION FOREVER COMMITTED TO OUR PURPOSES:

Friendship

Personal Integrity

Service to Others

Academic Excellence and Intellectual Pursuits **Community and Campus Involvement** Personal and Career Development

#### **A SUPPORTIVE NETWORK**

MORE THAN

**2,**U

**INITIATED MEMBERS** 

8,000+ New members initiated each year

181 Collegiate chapters

- 248 Alumnae chapters Sisterhood is for a lifetime!
- 4,879 Local alumnae volunteers assisting our chapters
- 282 National volunteers offering leadership advice



**PROUD SUPPORTER OF** Make A-Wish

### COMMITTED TO SERVING OTHERS

Chi Omega has been an active supporter of Make-A-Wish<sup>®</sup> since 2002. Each chapter and its members host events, fundraise, and help to share the power of a wish with children and families nationwide. Service to others is one of the six purposes of our Fraternity, and it is actively practiced by our members.

CHI OMEGA'S CONTRIBUTIONS TO MAKE-A-WISH **1,400,000+** Hours Volunteered

\$33,000,000+ Dollars Raised 3.000+ Wishes Granted

#### **ROOTED IN PURPOSE**

FOUNDED: APRIL 5, 1895 AT THE UNIVERSITY OF ARKANSAS

Chi omega has long been the largest women's fraternal organization in the National Panhellenic Conference, and since 1895, we bring our members unequaled opportunities for personal growth and development.

#### **OUR BRAND**







**FLOWER** White Carnation

0wl

NICKNAME: CHI O

GREEK LETTERS:



## THE BENEFITS OF A CHI OMEGA MEMBERSHIP ARE ENDLESS

Membership in Chi Omega provides lifelong friendships, campus and community involvement, and countless opportunities for personal growth and development in college and beyond.



Chi Omega offers a home in your daughter's new college environment where she can make a difference.

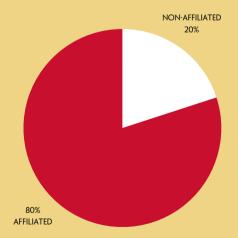
#### WHY JOIN A SORORITY? WHY NOW?

In a Gallup-Purdue Index Study conducted in 2021, the positive impact fraternity and sorority life had on members not only affected their collegiate years, but their post-graduate lives, too.

- Great Experiences in College and Workplace: Affiliated alumni are substantially more likely than nonaffiliated alumni to have positive college experiences, and result in better workplace and life outcomes after graduation.
- Great Jobs: Affiliated alumni are more likely than nonaffiliated alumni to be thriving in their careers after graduation.
- Great lives: Affiliated alumni are more likely than nonaffiliated alumni to be thriving in multiple areas of their lives. They are better able to take care of their own basic needs, adapt to change, and contribute to the support and success of their organizations and communities.

#### MAJORITIES OF AFFILIATED ALUMNI ARE THRIVING IN EVERY ASPECT OF THEIR WELL-BEING, AND THEY ARE MORE LIKELY THAN NONAFFILIATED ALUMNI TO BE THRIVING IN EACH AREA:

WELL-BEING MEASURE	AFFILIATED	NONAFFILIATED
Career	62%	34%
Social	62%	40%
Financial	51%	32%
Community	66%	36%
Physical	53%	24%



80% OF SORORITY MEMBERS REPORTED HAVING A SENSE OF PURPOSE IN LIFE OR FELT CONNECTED TO SOMETHING GREATER THAN THEMSELVES

## MEMBER RESOURCES

#### ANTI-HAZING HOTLINE

Hazing has no place in Chi Omega, and that is why we are long-time sponsors of the Anti-Hazing Hotline. Established in 2007, the Greek Anti-Hazing Hotline is a consortium which is sponsored by 55 national and international fraternities and sororities, including Chi Omega.

The hotline is a resource by which collegians can anonymously report any suspected or known hazing events. 1.888.NOT.HAZE (1.888.668.4293) accepts calls 24 hours a day.

The hotline connects to a dedicated voice mailbox at Manley Burke, LPA. The calls are automatically saved as audio files that are then transmitted by email to the headquarters of the fraternity or sorority named in the report. This is true whether the reports are about the sponsors or another organization. In some instances, reports are about teams, bands, or clubs. When those calls are received the institution where the organization is located is contacted.

#### WELLNESS AND SAFETY

We want to make sure your daughter's first-year experience is a safe and healthy one. All new members receive required online training during their first year in Chi Omega to learn about the dangers of alcohol and substance abuse, hazing prevention, bystander intervention techniques, and sexual violence prevention.

Chi Omega also provides its members with a robust online Mental Health Toolkit, covering the topics of loneliness, grief and loss, suicide prevention, self-compassion, body image, and many more.

#### EDUCATIONAL TOOLS

All members of Chi Omega take part in educational and leadership development to ensure they are thriving on campus. The Chi Omega Foundation provides funding to help ensure the needs of collegians and alumnae are met.

Members in every class year depend on this education to reinforce their skills to navigate campus life as well as their leadership positions. This expertise will later guide them in career, volunteer, and family experiences.

Gifts provided by The Chi Omega Foundation support:

- Online Education: Every Chi Omega collegian receives education to navigate potential safety challenges and guidance on safe and responsible decision-making.
- Leadership Development: Nationally led annual officer trainings are held for each chapter, and The Nancy Walton Laurie Leadership Institute of Chi Omega offers a weekend known as Flagship Session and workshops provided at the chapter level for select members.
- Wellness and Safety Education: Specific chapters receive in-person training, creating awareness of the health implications of alcohol and substance abuse equipping participants with the tools to make appropriate personal decisions.

We invite you to invest in your daughter and her Sisters by adding your name to the list of supporters at chiomega.com. Your donation to the Chi Omega Foundation shapes confident leaders and is tax-deductible to the full extent provided by law.



JOIN USI



## NEW MEMBER JOURNEY

#### DEVELOPING SISTERS ON PURPOSE

Each of our first-year members participate in Chi Omega's New Member Program, which is filled with events and activities designed to promote personal responsibility and self-discovery. Members will be surrounded by a supportive community from day one.

#### **BID DAY**

Bid day is the first experience your daughter has in Chi Omega. This event is designed to give her a warm welcome to her chapter and celebrate her future in Chi Omega. She will also be introduced to her Owl Pal, an initiated Chi Omega who will provide an immediate connection to the Sisterhood and guidance.

### FORMAL PLEDGING CEREMONY

This mutual pledge, made between Chi Omega and your daughter, is a special promise and celebration of each new member formally accepting her Chi Omega membership responsibilities and Chi Omega's promise to be supportive of our members.

#### NEW MEMBER RETREAT

A retreat provides an opportunity for new members to get to know each other in a fun, relaxing environment. Your daughter will leave the retreat with a sense of unity and Sisterhood.

#### **BIG SISTER REVELATION**

A big Sister is an initiated collegiate member who will serve as an instant connection to the Sisterhood and a role model during your daughter's undergraduate years. The big Sister revelation ceremony is when each new member's big Sister is announced and marks the starting point for this important connection.

#### INITIATION

Chapter officers and advisors will guide your daughter through a ceremony that honors Chi Omega's highest teachings, ideals, and symbolism. Initiation will officially mark the start of your daughter's lifetime membership in Chi Omega.

### REQUIREMENTS FOR CHI OMEGA INITIATION

Before Initiation into Chi Omega, your daughter must complete the following requirements:

- <u>Complete the New Member Program</u>: Attend the new member meetings and participate in chapter events.
- <u>Maintain full-time undergraduate status</u> during the New Member Program at the college/university where the initiating chapter is located.
- <u>Fulfill financial obligations:</u> A new member's financial obligations include a national new member fee, national Initiation fee, badge fee, chapter dues, and local house corporation fees.
- <u>Participate</u> in at least one campus activity. Quality activities are listed in the chapter bylaws.
- <u>Uphold and adhere</u> to the Chi Omega Fraternity policies and purposes.



## CHI OMEGA VALUES IN ACTION

While Initiation signals the end of the New Member Program, it marks the beginning of your daughter's Chi Omega experience. Chi Omegas are Sisters on purpose, putting Chi Omega's values into action. Our members learn to:

- Offer Friendship by lending an ear to a Sister who needs support
- Practice Personal Integrity by living the Fraternity's values and leading an exemplary life
- Provide Service to Others by donating their time to support Make-A-Wish
- Engage in **Academic Excellence and Intellectual Pursuits** by participating in and organizing study groups and activities with Sisters
- Ensure **Community and Campus Involvement** by joining student clubs and organizations
- Attend Personal and Career Development events on campus to prepare for life after college

CHI OMEGA SYMPHONY O' live constantly above snob bery of word or deed; to place scholarship before social obli gations and character before appearances; to be, D' in the best sense, democratic rather than "cclusive". Of and lovable rather than "popular"; D to work earnestly, to speak kindly, to act sincerely, to choose thoughtfully that course which occasion and conscience demand; D to be womanly always; O to be discouraged never; in a word, to be loyal under amy and all circumstances to my Braternity and her highest teachings of and to have her welfare ever at the heart that she may be a symphony of high purpose and helpfulness o in which there is no discordant note o Ethel Switzer Howard Xi.

WRITTEN BY ETHEL SWITZER HOWARD XI CHAPTER/NORTHWESTERN UNIVERSITY, 1904

#### MEMBERSHIP OF INCLUSION AND BELONGING

*The Chi Omega Symphony* is our open creed by which all Chi Omegas strive to live. *The Symphony* invites our Sisters "to choose thoughtfully that course which occasion and conscience demand." In that spirit and to deepen the bonds of our Sisterhood, Chi Omega is furthering its work in relation to Diversity, Equity, and Inclusion among our collegiate and alumnae members. As an organization of purposeful women, it's imperative to challenge ourselves and each other by listening to and learning from those whose experiences differ from our own.



### CHIOMEGA.COM | CHIOCREATIONS.COM

LEARN MORE ABOUT YOUR DAUGHTER'S EXPERIENCE AND GET ALL HER CHI OMEGA GEAR AT:

ESCANEA ESTE CÓDIGO QR PARA LEER ESTE FOLLETO EN ESPAÑOL



CHI OMEGA EXECUTIVE HEADQUARTERS 3395 PLAYERS CLUB PARKWAY MEMPHIS, TENNESSEE 38125



## Sisters on purpose<sup>-</sup>